Thought of as a journey through the main themes of Jacques Lecoq’s teaching, the introductory course is meant for young people with too little experience to apply for the professional course and to any person wishing to get familiar with the school’s pedagogy.

As in the professional course, the classes will be divided between movement analysis, improvisation and the creations of the students.

Programme
- Physical preparation
- Movement analysis
- Replay and silent play
- Neutral Mask
- Full masks (larval, utilitarian, etc.)
- Constraints of space and time
- Characters

Schedule
The season is divided into three terms, from October to June. The courses take place Tuesdays AND Thursdays from 6.30pm to 9pm. There is a two-week vacation at Christmas and in March.

Application:
To consider your application we must receive your curriculum vitae, giving your date of birth and postal address, a letter of motivation and a recent portrait. The courses are taught in French, so a basic knowledge of the language is thus required.