

ÉCOLE INTERNATIONALE DE THÉÂTRE  
JACQUES LECOQ

# 2019 WORKSHOPS



MARCH  
JULY  
SEPTEMBER



[www.ecole-jacqueslecoq.com](http://www.ecole-jacqueslecoq.com)

# MARCH

## INTRODUCTION TO DRAMATIC PERFORMANCE

From 25 to 29 March

Teachers: Yasuyo Mochizuki – Eric Nesci

This workshop proposes a discovery of the Lecoq School's approach to theatrical play.

It will be a journey that leads from psychological replay – the observation of life, its rhythms and dynamics and silences from which speech springs – through to the event of the Neutral Mask, which raises and structures play whilst seizing the poetic dimension of life.

The workshop will explore this through Improvisation classes, accompanied by Movement Classes dealing with:

- Physical preparation
- Movement analysis

*This workshop is for all actors (from 18 years old) interested in a first approach to the school's teaching.*

**All classes are given in French.**

**10.30 am to 1 pm – 2 to 4.30 pm / 25h / €500**

# JULY

## PLAY AND MASKS

From 8 au 12 July 2019

Teachers: Paola Rizza – Frédéric Tellier

The Mask is fundamental in the training of an actor. It opens up the body and proposes particular attitudes and styles. It enlarges emotions and simplifies and clears the actor's play from anecdotes. This workshop will explore the various masks we use in the first years' journey.

The Neutral Mask – the mask behind all masks – is a reference point for understanding how the world moves. It allows a state of receptivity, balance and curiosity in which to explore the natural world of elements and materials.

The larval Mask appeals imagination through its simple and exaggerated shape.

The expressive masks, true to reality, provoke accurate and sensitive interpretations.

The american masks, close to comic strips, lead to rhythmic action and great attitudes.

Physical preparation and movement analysis will accompany improvisation.

*Stage experience is required.*

**The classes are given in French.**

**9 am to 11.30 am - 1 to 3.30 pm / 25h / €500**

# JULY

## LAUGHTER IN ALL ITS FORMS

From 8 au 12 July

Teachers: Jos Houben – Paola Rizza

This workshop proposes a light and playful journey across the ever so vast territory of Laughter: a succession of different «masterclasses» in which we visit the very distinct forms and styles that generate laughter and often interlace or blend in with each other.

The first encounter will be with what Lecoq called «the smallest mask in the world» the red nose. We will try to enter into the «clown's world», a state of self derision that makes the audience feel superior and thus allows us to smile at and laugh with our shared humanity.

We will then move on to physical comedy, the domain of slapstick and gags where laughter is provoked by imbalance and falling over, off-beats and accidents. This is the world of mistakes and mishaps where the whole art consists in hiding technique and virtuosity to privilege the truthfulness of the situation.

Next, we venture into the labyrinths of the absurd-inverted logic and contradictions that confronts the spectator with the same questions and doubts as the characters. In an absurd universe, the whole world is turned on its head. Not only do we laugh with these inversions, but we also get a keen sense of vertigo...

Finally and paradoxically in tune with the world, we plunge merrily into the refreshing waters of Nonsense and Black Humour.

*A minimum of two years experiences is required.*

**The classes are given in French and in English.**

**10.30 am to 1 pm - 2.30 to 5 pm / 25h / €500**

# SEPTEMBER

## STORYTELLING AND THE DRAMATIC PLAY

From 2 to 6 September

Teachers: Jason Turner – Paola Rizza

In a way, the title of this workshop could have been: « Playing as fully and vividly as possible with the least possible means ».

So, we will begin with the desire to share a story with the audience. From that starting point we will search how the actor-creator can, in a small empty space, bring forth the immensity of the storm and madness of King Lear or the extravagance of a Don Quixote.

We will call on the « poetic body » of the actor, capable of giving birth to illusion, of recreating on stage what is seen (the reflection of the moon on the water) and what cannot be seen (an emotion, a poem, an architecture). We will draw on inspiration from cinematographic language (plans, ellipses, flash backs...) and transpose it into theatrical forms. We will use constraints of space to find a language to create places beyond realism. We will be provoked by the poetry of objects so that a simple stick can become, suggest, evoke in turn: a door frame, a wave, a flash of light.

With these means we will seek to give power to the actor to create time, place, character, situation and story in an small empty space.

*A minimum of two years experiences is required.*

**The classes are given in French and in English.**

**10.30 am to 1 pm - 2.30 to 5 pm / 25h / €500**

# SEPTEMBER

## THE POETIC BODY IN ART AND THEATRE

From 2 to 6 September

Teachers: Anne Astolfe – Jason Turner

Observation of life is fundamental in the work of an actor, who creates the illusion of life through the movements and dynamics of the visible world.

However, the creative act cannot simply stay on the surface of life, it has to be able to go deeper, to be able to reveal what is not immediately visible, to have another dimension.

This workshop will approach this abstract dimension that we all carry deep within ourselves by exploring the works of painters, composers and poets.

Jacques Lecoq spoke of the dynamic emotion that the Eiffel Tower provokes, made up of its rooted base, its aspiring vertical élan, and how the actor can translate this into movement. How can we do this with a picture of Basquiat, or Chagall? How does the moonlight move, or a poem by Artaud or a gothic cathedral? What does this approach bring to an actor's play and creativity? Can the actor through movement, like the poet, who puts us in touch with the invisible, evoke light, sound or colour?

**The classes are given in French and in English.**

**9 am to 11.30 am - 1 to 3.30 pm / 25h / €500**

## APPLICATION

Send a CV (postal address and date of birth included) and a photo:  
contact@ecole-jacqueslecoq.com

Tariff (including enrolment): €500

Payment: deposit of €200 upon acceptance of your application  
(not reimbursed in case of cancellation).

Balance to be paid 3 weeks before the beginning of the workshop.

No special clothes needed. We recommend comfortable,  
plain clothing and flexible gym shoes.

## PRACTICAL INFORMATION

Metro lines: 4 - 8 - 9.

Stations: Strasbourg St Denis / Château d'Eau / Bonne Nouvelle.

Bus lines: 20 - 38 - 39 - 47 - 48.

## CONTACT

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